MANITOBA

ANNUAL REPORT

1982-83

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Alcoholism Foundation
of Manitoba

ALCOHOLISM FOUNDATION OF MANITOBA

July 6, 1983

The Honourable Pearl McGonigal
Lieutenant-Governor
Province of Manitoba
Winnipeg, Manitoba

May It Please Your Honour:

I respectfully submit herewith the Annual Report of the Alcoholism Foundation of Manitoba for the fiscal year 1982/83.

Sincerely,

L. Desjardins
Minister of Health

1031 Portage Avenue, Winnipeg, Manitoba R3G 0R9 (204) 786-3831

ALCOHOLISM FOUNDATION OF MANITOBA

July 6, 1983

The Honourable L. Desjardins
Minister of Health
Province of Manitoba
Winnipeg, Manitoba

Sir:

I have the honour of presenting herewith the Annual Report of the Alcoholism Foundation of Manitoba for the fiscal year 1982/83.

Sincerely,

G. Miles, Chairman
Board of Governors

1031 Portage Avenue, Winnipeg, Manitoba R3G 0R9 (204) 786-3831

CHAIRMAN'S REMARKS

This last year has been a testing ground for all social agencies and has been no less difficult for the Alcoholism Foundation of Manitoba. Economic conditions have forced tighter operating controls in all phases, yet patterns would seem to indicate that more and more people are turning to our facilities for assistance.

These pressures, in the face of rising costs, have forced our agency, along with all others, to identify priorities, improve efficiency and continue to react to the changing social needs. I'm pleased to say that our staff has responded admirably and our service standards have been kept at their highest achievable level in all phases of our operation throughout Manitoba. The economic outlook is not reassuring and while trends seem to indicate that there is a turn-around, there are few indications of early changes.

At the AFM we are committed to enlarging the scope and sphere of the service provided in the field of chemical dependencies. We believe this can be best served by building a team of dedicated professionals committed to their job and committed to our most important resource in Manitoba - our people.

The men and women at the AFM have responded to this need for involvement and their support and efforts have been a powerful help in providing service throughout the last year. I'd like to take this opportunity to pay tribute to the dedication they've shown and the efforts they have put forward to maintain the high standards of service at the AFM.

We have been in the process of transferring many of our Winnipeg services into the recently acquired buildings at 1031-1041 Portage Avenue. These new buildings, and particularly the location on Portage Avenue, will do much to increase awareness of the services offered by the Alcoholism Foundation and the general awareness of the serious health consequences of the use of alcohol and other drugs in Manitoba. At this location will be Treatment and Rehabilitation, Education and Professional Development, Library and Administration which previously had been scattered throughout the city.

Both our Reception Unit and Men's Residential Program have been operating near capacity since the move to the new location. The Youth Treatment Service is now well established with a national reputation. Many provinces throughout Canada have been in consultation with our people as they are in the process of developing their own services to meet this particular need.

I'm sure you may be aware, by watching television or listening to the radio, of the AFM's first provincial media campaign. We at the AFM have been overwhelmed by the size of the response and look forward to similar campaigns in the future. This campaign has been sponsored by the Broadcasters Association of Manitoba, which has donated in excess of $100,000.00 in free air time.

I would also like to pay tribute to INCO Metals Limited for our new facility in Thompson. INCO sold this facility to the Foundation for one dollar. It houses our northern services and is large enough to allow for the operation of a men's halfway house for persons re-establishing their lives.

This past year also saw expanded treatment services through a grant to the Main Street Project for that agency to acquire a new facility for their operation. This new building will enable Main Street Project to enlarge the scope of their operation, which includes intoxicated persons, short term hostel, crisis service and other treatment facilities. An estimated 75-80% of the Intoxicated Persons Detention Act detainments will be removed from the Provincial Remand Centre facilities through the Main Street Project's new facilities at 75 Martha Street. Being located in close proximity to the roject's detoxification program, this will increase the Project's potential to go beyond a band-aid approach to the immediate crisis and make serious efforts toward intervention in chemical dependency.

In 1983, we're looking forward to hosting, in conjunction with the Continuing Education Division of the University of Manitoba, a summer symposium. We see the symposium as a good first step toward increasing awareness and understanding of alcoholism and other drug dependencies and increasing co-operation among many professionals in Manitoba which are needed to properly address this problem.

I am also pleased to report, in co-operation with the Department of Education, that the AFM will be introducing in the fiscal year 83/84, Tuning In To Health, a new alcohol and drug education program for elementary school children. The program has been developed as part of the new health curriculum which is available to all Manitoba students this fall. This will address the need to have alcohol and drug education available to all Manitoba students.

During the last year we've had a change in Board members. I'd like to take this opportunity to thank those who have served so admirably their province and the field of alcohol and drug abuse during their terms of office. The Management and staff join me in expressing appreciation for their outstanding contributions to the Foundation and also to welcome our new Board members. We continue to look forward to the challenges of the future with confidence and anticipation.

TABLE OF CONTENTS

ORGANIZATIONAL CHART..... 1

BOARD OF GOVERNORS..... 2 - 3

SENIOR OFFICERS..... 4

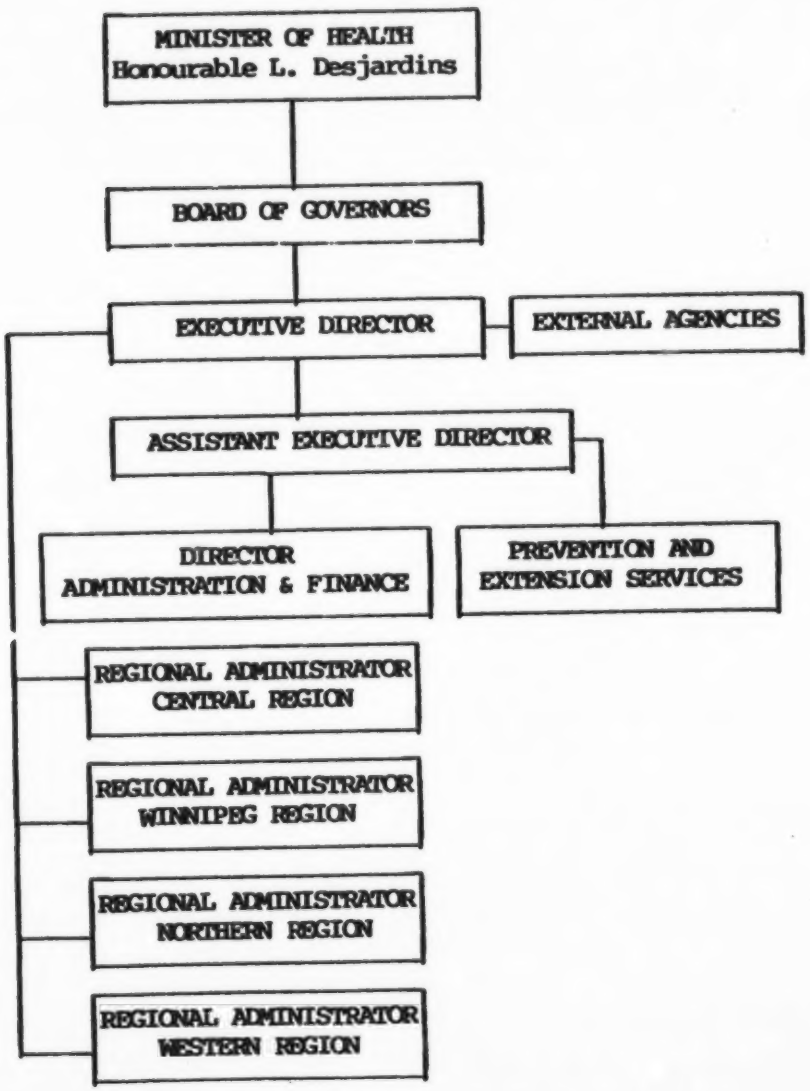
OVERVIEW OF AFM SERVICES AND PROGRAMS..... 5 - 12

REGIONAL SERVICE DELIVERY.....13 - 17

SERVICES DIRECTORY.....18 - 20

AUDITORS' REPORT.....21

THE ALCOHOLISM FOUNDATION OF MANITOBA - ORGANIZATIONAL CHART



THE ALCOHOLISM FOUNDATION OF MANITOBA

BOARD OF GOVERNORS

THE HONOURABLE L. DESJARDINS

Minister of Health

	Expiry of Appointment
Mr. Gary L. Miles (Chairman) General Manager, CKRC, Winnipeg	October 4, 1983
Mr. George Rajotte (Vice-Chairman) Private Businessman, Winnipeg	April 1, 1985
Mr. Thomas McNeil (Treasurer) Maintenance & Operations, University of Manitoba, Winnipeg	April 1, 1985
Mrs. Helen Harmon Accountant, Melita	October 4, 1983
Ms. Sharron Kilbrai Const. Asst. to M.P. Lecturer-University of Winnipeg	July 28, 1985
Msgr. Charles Empson Winnipeg	April 1, 1985
Mr. Ovide Mercredi Lawyer, The Pas	Resigned
Deputy Chief Ed Ogelski Winnipeg City Police	July 28, 1985
Mr. Ken Caldwell Farmer and Municipal official, Rossburn	November 17, 1985
Dr. Harry Prosen Winnipeg	July 28, 1985

Judge Charles Rubin Winnipeg	July 28, 1985
Mr. James Toal Retired, Winnipeg	October 4, 1983
Mr. Jalmar Erickson Lay Minister, Ashern	November 17, 1985
Mr. Jim Sanders Social Worker, Steelworker Counsellor, Thompson	November 17, 1985
Rev. Jim Scott Portage La Prairie	October 3, 1983
Mr. Grant Webster Lawyer, Winnipeg	October 4, 1982
Dr. Shirley Parker Micro-Biologist, Winnipeg	October 4, 1982
Mr. Erv. Tycholiz Private Businessman, Dauphin	October 4, 1982
Mr. Jack Drapack Lawyer, Thompson	Resigned
Mrs. Heather Goddard Accountant, Winnipeg	June 20, 1982
Deputy Chief Ray Wilson Winnipeg Police Department	June 20, 1982

THE ALCOHOLISM FOUNDATION OF MANITOBA

THE HONOURABLE L. DESJARDINS
Minister of Health

SENIOR OFFICERS

DAVID F. CRUICKSHANK
Executive Director

G. ROSS RAMSEY, M.S.W.
Assistant Executive Director

IAN J. PUCHLIK, R.I.A.
Director, Administration and Finance

REGIONAL ADMINISTRATORS

CYRIL DECOURCEY
Central Region

HERB THOMPSON
Northern Region

EDWARD LUDWIG
Western Region

ROBERTA COULTER
Winnipeg Region

OVERVIEW OF AFM SERVICES AND PROGRAMS

REHABILITATION SERVICES

The AFM recognizes dependency as a complex problem affecting all areas of a person's life. To enable people to cope more effectively within the community without reliance upon chemicals, the AFM has set goals for rehabilitation for the chemically dependent persons serviced:

1. Abstinence and subsequent sobriety
2. Healthful reintegration into society
3. Productive membership in society

The AFM continues to be aware that the incidence of alcoholism and other chemical dependency is at the very least remaining constant if not increasing as a result of difficult economic times. Present rehabilitation facilities are adequate in some areas, yet continue to fall short in others. The need continues for additional community-based counsellors to serve casefinding, referral, and aftercare functions.

Discussion and negotiations with the correctional system continues in order to increase the rehabilitation available to chemically dependent offenders. This is particularly so in the case of second offences for impaired driving. Because sentences are brief, particular attention must be paid to coordinating efforts between the correctional system and the AFM's treatment programs so that rehabilitative thrusts can be maximized. Through participation on the Attorney General's Committee on Impaired Driving, the Foundation has begun to look at the service requirements for first offenders as well.

Despite the realization that chemical dependence respects no social bounds, the AFM's caseloads continue to be over-represented by the lower socio-economic strata. New casefinding thrusts are being added to the existing in order to identify and treat additional chemically dependent populations.

The 1041 Portage Avenue Rehabilitation Centre is now offering its full complement of service inclusive of the Reception Unit (composed of Assessment, Intake, and Primary Care), a men's residential program and a non-residential youth program. Due to its new program thrust in time of restraint, the expected opening of a 10 bed residential youth rehabilitation program was set aside.

The Alcoholism Foundation of Manitoba operates a computerized data system to collect background information on the persons admitted to the treatment programs offered by both the Foundation and its funded agencies. Highlights from the system include:

- For the year ending March 31, 1983, 5102 individuals were admitted to the various agencies.

- 30% of the individuals admitted were women and 70% were men. These proportions of men and women have remained constant for the last 4 years.

- 45% of those individuals were between the ages 20 and 34; 29% between 35 and 49; and 14% were 50 or older. Youth, less than 19 years of age, are the fastest increasing group and now comprise 12% of all individuals, an increase of 32% over the previous year.

- 58% of the individuals admitted to the various agencies resided in Winnipeg, 37% in other areas of Manitoba. On a per capita basis, more individuals from Northern Manitoba were admitted to programs than from anywhere else in the province.

- 52% of the individuals on admission were unemployed; 29% were employed; 8% were homemakers; 9% were students and 3% retired.

  13% of these individuals were referred from the justice system, 5% from employers, 11% from the medical profession, 36% either came on their own or were referred by their family, 5% were referred by Alcoholics Anonymous or other mutual aid groups and 28% from various social agencies.

PREVENTION SERVICES

AFM prevention programs are conducted on a province-wide basis and involve extensive collaboration between regional and central office personnel. A health promotion approach has been adopted with a view to encouraging alternate lifestyles which exclude reliance on chemicals as coping mechanisms. In addition, we try to alert people to the dangers of unwise or excessive chemical use.

Utilizing the Community Mobilization Model has significantly increased the demand for AFM training and education services relative to the prevention of chemical problems. During the year 1982/83 we have worked with such key prevention target groups as: the school system, parents, health and social service professionals, employers and local committees. From a provincial perspective some of the most significant accomplishments this year have been: the development of Tuning In To Health, which is a new elementary school curriculum on alcohol and drug use; and the success with such programs as Student Match and Teacher In-Services. As well, efforts to provide effective parent programming have met with significant results in the development and implementation of the Kids and Drugs program in the Province. We also have increased efforts in our work with young offenders through the Youth and Control program, which is designed to provide factual information relative to alcohol and drug problems as well as positive lifestyle alternatives to this group. The scope of our work with management and labour in assisting employees with alcohol and/or drug and other life problems has continued to grow. With programming such as Dialogue on Drinking and presentations to many community groups, we are attempting to raise the awareness of people to chemical problems in their local area.

Another component of prevention services, the Training Unit, continues to be widely recognized by professionals in direct and related fields as indicated by the consistently high demand from these groups for our training opportunities. Attempts to promote the availability and scope of our courses through such vehicles as the Training Programs Course Calendar and the AFM BULLETIN have resulted in capacity registrations and a higher profile of this AFM service as a professional resource in the Province and Canada.

The Evaluation and Research Unit allows us to analyze through statistical data, emerging trends in rehabilitation populations. From this information, we are able to adjust available resources to accommodate areas of greatest need with regard to rehabilitation personnel and facilities.

As information is the mainstay of any organizational programming, the Information Area is entrusted with keeping staff aware of resources pertinent to their program area as well as filling and encouraging public inquiries in this subject area to increase their awareness and knowledge base of chemicals and dependencies.

COMMUNITY MOBILIZATION

Community Mobilization is a process designed to involve local people in preventing or reducing the prevalence of alcohol and drug problems in their own community. What follows is a brief description of AFM prevention programs and the target groups involved.

Tuning In To Health is a new elementary school curriculum on alcohol and drug use which is scheduled to be introduced into Manitoba Schools in the 1983-84 academic year. Within the school system AFM offers training to teachers so that they can be effective in presenting alcohol and drug education to students. Also provided is appropriate training for school guidance counsellors to enable them to identify and refer students with alcohol and drug problems for help. Through the In-School program AFM staff provide alcohol and drug education directly to elementary and junior high students in their own classrooms.

The Kids and Drugs program is a training sequence designed for parents in order that they may become more effective in preventing alcohol and drug problems involving their own children.

Drug Use and the Aging Process is a program designed to train both senior citizen volunteer educators and community professionals working with this age group with a view to preventing alcohol and other drug problems among the elderly.

Specialized training and education programs are offered by AFM Native staff in order to facilitate the rehabilitation of alcohol or drug dependent Native people as well as to prevent the occurrance of such problems. This program is specifically designed to incorporate Native values and cultural perspectives.

Employee Assistance Programs operate in the "work place" and are designed to help employees with alcohol and drug or other life problems. With this in mind AFM Employee Assistance Program consultants provide the following services: training for both representatives of management and labour as well as general information sessions for employees.

AFM staff frequently respond to requests from health and social service professionals as well as from other community groups for specialized training or education sessions related to alcohol and drug concerns.

Summary of AFM Community Prevention Program Participants' Involvement:

Total Participants:

- Teacher/Guidance Counsellor Training	713
- Classroom Educations Sessions for Students	1,925
- Parent Training/Education Sessions	590
- Prevention Programs for Senior Citizens	242
- Native Training/Education Programs	450
- Employee Assistance Consultative Services	1,093
- Other Training/Information Sessions	2,088
	7,101

TRAINING UNIT

The Unit ensures the effective development and delivery of a comprehensive training service in the field of addictions. It is responsive to the Staff Development Committee in developing training programs directed at AFM staff as well as funded agencies. These programs are conducted on a regular basis for professionals and para-professionals in the field.

The Training Unit, in conjunction with AFM Rehabilitation Supervisors, conducted a course entitled "Group Skills for Addiction Workers" which was a major AFM staff development thrust for field counselling staff this past year. This and other programs accounted for the following attendance figures at training courses:

Community Agencies and Institutions	900
Staff Development	150
Public Information	200

The Unit has begun setting standards for basic information courses, and utilizing the trainer of trainers concept in training Field Workers and Alcohol Treatment Workers in Northern and Westman Regions to conduct basic AFM Training programs.

This Unit is also continuing to assist the Universities and Red River Community College in establishing basic alcohol training programs. We have also been involved in assisting in the co-ordination and design of the pilot Summer School on Current Issues in Chemical Dependency.

EVALUATION AND RESEARCH

This area is responsible for the development and implementation of the evaluation and research activities of the Alcoholism Foundation. The information produced through these activities is essential both for monitoring present services and for planning the development of new programs.

The major activity of this area is the on-going operation of the AFM's computerized information system, which gathers information on the admission to all AFM rehabilitation programs and many of the funded agencies. Initial reports on the AFM's six month follow-up program, which was initiated in 1981, were prepared. The program outcome information from this system will provide an invaluable picture for the further development of AFM rehabilitation services.

Evaluation and Research also coordinated the development of the new format for Management Reports for use by the Board of Governors and AFM Managers. These reports include changes in staff and administration procedures, details on program changes and planning activities, program statistics, and national developments. Evaluation and research was also involved in the development of AFM's first province wide media campaign conducted from December to March, 1983.

INFORMATION AREA

The holdings at the specialized William Potoroka Memorial Library are the largest collection of up-to-date materials on drug use and misuse in the Province. The library resources are available for use by the general public, as well as staff, from 8:30 a.m. to 4:30 p.m., Monday to Friday at 1580 Dublin Avenue. Telephone: 786-4054.

At present, our collection consists of:

50	Journal Titles
3400	Book Titles
336	Films
220	Video Tapes
16	Pamphlet titles available for distribution
78	Film strips
28	Audio tape presentations
10	Types of posters available for distribution
2	AFM slide/tape presentations

The library now has bound journal volumes of the important reference tools in the Chemical Dependency field to provide a more permanent collection of these resources. The library has also been involved in information sharing with other health libraries. AFM representation on a working committee of the Manitoba Health Libraries Association is involved in the formulation of a union list of audio visual materials in the field. As well, inter-library loan arrangements have been made with libraries at Selkirk Mental Health Centre, Seven Oaks General Hospital and the Manitoba Health Library. This networking is invaluable as it helps to inform staff in other social services of the library's potential to assist them in their area because, in their own work, they may encounter situations where alcohol or other drugs might be part of the problem for which their client is seeking help.

There has been an estimated 25% rise in the use of AFM resources by University and Community College students in the past year. Faculties such as Administrative Studies and Social Sciences now include the study of dependency in their curriculum.

This year also saw the completion of the AFM slide/tape presentation. This audio/visual program was developed to assist staff in explaining to community groups, other agency personnel and the general public, as well as new members, the large scope of services the AFM has available in the province.

In addition, the library has in the past fiscal year:

- Increased holdings by 452 books
- Circulated 1,632 books (912 of the borrowers were from the public sector)
- Handled 434 reference enquiries
- Mailed out 574 individual mail-out requests for literature

- Loaned out 3,720 audio-visuals (films, filmstrips, video tapes)

- Distributed 108,000 pieces of literature

- Circulated the A.F.M. Bulletin to 2,911 individual subscribers

The higher profile and accessibility to this information resource expected from its relocation to the store-front area of 1031 Portage Avenue is anticipated by both staff and public alike.

REGIONAL SERVICE DELIVERY

Regional offices deliver both prevention and rehabilitation services to the areas they service.

CENTRAL REGION

During the fiscal year 1982/83, several programs located in the Region were moved to new facilities at 1041 Portage Avenue. With the men's residential program moving from Nassau House, a day program is now being offered there. This setting provides an alternative for those people who need more on-going support than that offered in formal programs.

The Non-Residential program is still accommodating large numbers of referrals. Many more of these people are also continuing into our Aftercare programs. By following through the continuance of services, participants are offered better insights into their rehabilitation needs and become more firmly established with other community resources that can reinforce their sobriety. The Aftercare programs offer continuing care to individuals referred from both residential and non-residential programs.

By contracted agreement with the Federal Government, AFM services continue to be available to inmates at Stony Mountain Institution. One counsellor conducts programs for selected inmates and is available on an individual basis to offer counselling services.

The women's residential rehabilitation program continues to be a focal point to respond to the needs of chemically dependent females. Many referrals are still received from outside Winnipeg.

Other programs offered from the Region include the institutional program at Headingley, the Courts Program, the Impaired Drivers Program, and counselling services from Portage la Prairie, and Gimli, serving the Central and Interlake areas.

WESTERN REGION

Western Region had a very productive 1982-83 fiscal year. The two week program offered in the Western Region, takes the form of a full residential, a day or an evening program. The emphasis toward developing the day program, with an option for

clients to go home weekends, is a positive step toward the recovery process as it is a gradual return to their living environment. The basic 21 program days at Willard Monson House has been refined to meet client needs and the staff has attended a variety of training workshops to develop new skills or to reinforce existing ones. An Alumni Reunion was held at Matheson House, December 8th with 160-200 former inpatient/outpatient clients attending. Willard Monson House held an "Open House" in May which resulted in an increase of referrals from community resources.

The AFM's three Western Region Alcoholism Treatment Workers continue to be busy doing early case finding in rural areas and following up on clients who have previously completed a rehabilitation program. They are proving most successful working with "helping professions" in the field of alcoholism.

The area Field Worker in Dauphin has established the following programs in schools: Student Match, Youth and Control, Kids and Drugs, Alcohol Awareness, Fetal Alcohol Syndrome, and Alcoholism and the Family. Chemical Dependency Intervention Courses and Counselling Alcoholic Clients workshops have proven to be very popular. Presentations on Alcohol Awareness have been held for the Parkland Home Economics Association, the Dauphin LPN Association, Rotary Club, Dauphin Committee on Safety, Parkland and Mental Health Associations. The program It's Just Your Nerves, was presented to various Women's Institutes. Public meetings were held in at least 7 towns surrounding Dauphin. As well, this office continued to offer an Impaired Drivers Program and treatment services to the Dauphin community.

1982/83 saw much of the past 4 years ground work of the Brandon Field Worker begin to pay off. With the co-operation of other government and non-government agencies, a grassroots parenting network began to take form. Teacher contacts helped produce two remarkable undertakings: a division-wide inservice on the topic of drugs; and pressure on Brandon University to provide some teacher training at the college level. The Region is now able to take initial community contacts in these areas and offer them long-term support. The increase in the occasional service requests indicates a higher profile of the Region's services and acknowledgement of the quality of those services.

Some of the programs implemented are as follows:

Sun Centre Couples Weekend Program - held monthly for couples where one or both has achieved sobriety and would benefit from a program designed to strengthen the family unit.

The Young Peoples Groups - (25 or under) held weekly, offers educational awareness, skill development, and group support to youthful drug or alcohol abusers. The program is set up on a 10 week basis, and one of these meetings takes the form of a recreational activity.

Another weekly evening meeting is the Family Awareness Group which offers awareness, assistance, and support to those persons who are closely involved with or related to a problem user of chemicals.

Women's Group continues to meet once a week in the evening. The participants plan the program and AFM staff input is as a resource.

Clergy Workshops - take the form of one day sessions with an average of 14 clergy from Brandon and surrounding area attending. Facilitators include a psychologist, a clergy member, and various staff members.

Since its inception, the Impaired Drivers Program has grown from 6 to 20 participants per session, and the program is now held on a bi-monthly basis.

A Family Night - held one evening per week, allows family members of residents the opportunity to come to Sun Centre, view a film and participate in discussions designed to help involved persons become more supportive.

With the spirit of cooperation now existing with the various communities, their agencies, and the AFM Western Region, positive results are expected in the coming year.

THOMPSON/NORMAN REGION

One of the highlights of the past year has been the amalgamation of the residential treatment facilities with the non-residential and administration under one roof. On July 1, 1982 the outreach, non-resident and administration arm of the Foundation was established in Polaris Place with the residential program coming over on October 18th. This has allowed the staff to work more closely together and solidify the transfer of clients from residential care to aftercare services within the Thompson community.

The establishment of the new facility has also allowed the Foundation to offer to the community of Thompson a new service by way of a male half-way house program. In previous years, there has not been a residence for persons who have come

through treatment, to stay while re-establishing themselves back into the community in the protection of a non-drinking environment. This service is operated on a cost recovery basis.

The Student Match program, designed by the Alcoholism Foundation staff and teachers in the School District of Mystery Lake, has now been established in the communities of Leaf Rapids, Snow Lake, Cranberry Portage, The Pas, as well as Thompson. This program is designed to give senior high students education in life skills and allow them to develop a relationship as a mentor with an elementary school student.

A number of workshops have been conducted with School Districts in Flin Flon, Cranberry Portage, Thompson, Leaf Rapids, and Gillam, to give the teaching profession information on alcohol and drug abuse, the resulting behaviour they may see in their classroom, and how to better deal with it.

Chemical Dependency Intervention Workshops have been held by outreach staff in Flin Flon, The as, Swan River and Thompson with key community people, to increase awareness of the part that alcohol and drugs play within their community. As there are many large employers in Northern communities, Employee Assistance Programs have always been important to this Region. The Employee Assistance Program at Hudson Bay Mining & Smelting has proved most beneficial to the company and has been supported to a great degree in the community. This has led to an increase in the program in Sherritt Gordon Mines in Leaf Rapids and Lynn Lake, Inco Metals in Thompson, as well as establishing the program in other smaller organizations and all hospitals in the area. Other workshops held in various communities are Counselling the Alcoholic Client, Systematic Training for Effective Parenting, Kids & Drugs, Assertiveness, and Systematic Training for Effective Teaching.

With the help of community volunteers, the Dialogue on Drinking program conducted in Thompson, Flin Flon and The Pas has again proven very effective in raising awareness of alcohol and drug problems in the respective communities.

WINNIPEG REGION

In October, 1982, the activities at 1041 Portage Avenue began to take on a greater magnitude with the opening of a 30 bed residential program for men. This, coupled with the existing Youth non-residential programs, made the new treatment facility a reality for the AFM. To complete our service, the Reception Unit opened in December, 1982.

The Reception Unit has become a many faceted and versatile facility providing a much needed service to the community. The components of Intake, Assessment and Primary Care are as follows: Intake provides an initial contact and/or triage function plus direction to the most beneficial service. Assessment includes the initial screening and identification of the disease process; development of a treatment plan with the person and breakdown of the denial factor in order to direct them to the most beneficial service. Primary Care consists of a 15 bed, short-term, residential assessment where the individual enters a program with the intention of beginning the recovery process from chemical dependency; recognizing that, although ill from intoxication or the effects of chronic alcoholism or chemical dependency, the individual must be well enough to perceive that this facility is not a treatment "dry out" centre and to decide that some form of long term treatment is acceptable; direction is then given to the most beneficial service.

The Male Residence (30 bed unit) has been running at near capacity since opening October, 1982. The program runs for 14 consecutive days inclusive of weekend and evening programs. The intense, structured program format conveys the seriousness of the illness to our clients and has shown through client satisfaction surveys that the content is meaningful and specific to client needs.

The Youth Program has served over 350 people between the ages of 13 to 18 over the past year. Besides one to one counselling, programs are offered for youth identified as high risk (negatively affected in some way by the use of chemicals), youth unemployed and/or not in school, as well as youth in school programming. Parent Intervention Programs are also conducted for parents of chemically dependent persons.

As well, the Youth Team has encouraged the development of four new self-help groups: Youth Alcoholics Anonymous, Narcotics Anonymous, Families Anonymous and Youth Families Anonymous. All staff from Youth, Men's Residential and Reception Unit are involved in Networking. This involves contacting caregivers in other agencies and providing the necessary information on how to recognize chemical dependency and how to refer to treatment.

A.F.M. SERVICES

A.F.M. programs are operated at the following centres:

1. Winnipeg

1041 Portage Avenue
. Reception Unit
. Male Residential/Youth Programs

Women's River Avenue Centre
588 River Avenue
. Women's Residential/Non-Residential

Nassau House
100 Nassau Street
. Aftercare

Headingley Correctional Institute,
Headingley, Manitoba
. Residential

1031 Portage Avenue
. Community Mobilization
. Administration

Christie Centre
586 River Avenue
. Non-Residential

1580 Dublin Avenue
. Training Unit
. E.A.P. Services
. Information Area

2. Western

Sun Centre
24-10th Street, Brandon
. Reception Unit
. Male & Female Residential

Matheson House
1039 Louise Avenue, Brandon
. Intake/Assessment
. Non-Residential

Willard Monson House
P.O. Box 282, Ste. Rose Du Lac
. Intake and Assessment
. Male & Female Residential

AFM Workers
302 Main Street, Dauphin
. Non-Residential

AFM Worker
Railway Street, Rossburn
. Non-Residential

Areas Also Served:

Melita
Boissevain
Deloraine
Killarney
Souris
Virden
Carberry
Austin
Glenboro
Pipestone
Hartney
Reston
Gladstone
Neepawa
Minnedosa
Kelwood
Onanole

Ochre River
Sifton
Grandview
Crane River
Pine Creek Reserve
Fork River
Winnipegosis
Ste. Rose du Lac
McCreary
Roblin
Alonsa

Russell
Shoal Lake
Sandy Lake
Miniota
Foxwarren

3. **Thompson/Norman**

Polaris Place
23 Nickel Road, Thompson
. Intake and Assessment
. Male & Female Residential
. Non-Residential

AFM Worker
The Pas Health Centre, The Pas
. Non-Residential

AFM Workers
Flin Flon Hospital, Flin Flon
. Non-Residential

AFM Worker
Box 39, Gillam
. Non-Residential

AFM Worker
Swan River Hospital
P.O. Box 1450, Swan River
. Non-Residential

Areas Also Served:

South Indian Lake
Wabowden
Nelson House
Lynn Lake
Leaf Rapids

Moose Lake
Commorant
Easterville
Grand Rapids

Snow Lake
Cranberry Portage

Ilford
Pikwitonei
Shamattawa
Sundance
Bird

Birch River
Lenswood
Minitonas
Mafeking
Benita
Cowan

4. **Central**

Provincial Building
25 Tupper Street N.,
Portage la Prairie
. Non-Residential

Morris
Carman
MacGregor
Sandy Bay Res.
Long Plains
Swan Lake Res.
Morden
Winkler
Altona
Treherne
Manitou

5. **Interlake**

Johnson Memorial Hospital,
P. O. Box 449, Gimli
. Non-Residential

Fisher Branch
Winnipeg Beach
Fairford Res.
Eriksdale
Arborg
Riverton
Selkirk
Stonewall
Teulon
Garson
Ashern

6. **Eastern**

Provincial Building
1st Street, Beausejour
. Non-Residential

Fort Alexander Reserve
Lac du Bonnet
Pine Falls
Niverville
La Broquerie
Whitemouth
Pinawa
Ste. Anne
Steibach

Referrals to AFM rehabilitation services are accepted from any source and are usually received from family members, employers, physicians, Alcoholics Anonymous, the courts and police. Increasing numbers of referrals however are being received from probation services, vocational counsellors, clergy and other health professionals.

OTHER SERVICES FOR THE CHEMICALLY DEPENDENT:

The Foundation's policy of continuation of care includes co-operation with community services such as Alcoholics Anonymous, Alanon, Alateen, Narcotics Anonymous, Families Anonymous, Youth Alcoholics Anonymous, and Youth Families Anonymous, as well as private agencies providing services in treatment and rehabilitation in the Province.

In addition, the Foundation funded the following external agencies:

ARI House,
Winnipeg, Manitoba

Churchill Health Centre
Churchill, Manitoba

Sagkeeng Alcare Centre
Fort Alexander Reserve
Pine Falls, Manitoba

Main Street Project
Winnipeg, Manitoba

Kia Zan, Inc.
Winnipeg, Manitoba

Native Alcoholism Council
Winnipeg, Manitoba

Rosaire House
(The Pas Health Complex)
The Pas, Manitoba

Salvation Army Harbour Light
Winnipeg, Manitoba

X-Kalay Foundation, Inc.
Winnipeg, Manitoba

THE ALCOHOLISM FOUNDATION OF MANITOBA

Auditor's Report and Financial Statements
for the year ended March 31, 1983

PROVINCE OF MANITOBA
PROVINCIAL AUDITOR

MANITOBA

PROVINCE OF MANITOBA
PROVINCIAL AUDITOR

THE ALCOHOLISM FOUNDATION OF MANITOBA

REPORT OF THE PROVINCIAL AUDITOR'S OFFICE

We have examined the financial statements, being Exhibits A, B, and C and Schedule 1, of The Alcoholism Foundation of Manitoba for the fiscal year ended March 31, 1983. Our examination was made in accordance with generally accepted auditing standards, and accordingly included such tests and other procedures as we considered necessary in the circumstances.

In our opinion, these financial statements present fairly the financial position of the Foundation as at March 31, 1983 and the results of its operations for the year then ended in accordance with the accounting policies stated in note 1 to the financial statements applied on a basis consistent with that of the preceding year.

The accounts for the year ended March 31, 1982 were examined and reported on by other auditors.

W. K. Ziprick, C.A.,
Provincial Auditor.

June 2, 1983
Winnipeg, Manitoba.

Exhibit A

THE ALCOHOLISM FOUNDATION OF MANITOBA
(Incorporated under the laws of Manitoba)

Balance Sheet as at March 31, 1983

A S S E T S

	1983	1982
Cash (Note 8)	$ 558,665	$ 239,523
Accounts receivable	61,470	39,868
Land and buildings, at cost (Note 1)	1,919,161	1,949,359
	$ 2,539,296	$ 2,228,750

L I A B I L I T I E S

Accounts payable and accrued liabilities	$ 94,516	$ 67,373

CAPITAL, UNEXPENDED GRANT AND SURPLUS ACCOUNTS (EXHIBIT C)

Capitalized land and buildings	$ 1,919,161	1,949,359
Unexpended capital grant (Note 5)	106,864	220,990
Unexpended restricted grant (Note 7)	162,457	-
Accumulated operating surplus (deficit)	256,298	(8,972)
	2,444,780	2,161,377
	$ 2,539,296	$ 2,228,750

Lease commitments (Note 2)

Approved by the Board:

Governor _____

Governor _____

Exhibit B

THE ALCOHOLISM FOUNDATION OF MANITOBA

Statement of Revenue and Expenditure
Year Ended March 31, 1983

	1983	1982
Revenue		
Province of Manitoba operating grant	$ 7,802,743	$ 6,128,400
Other revenue	302,018	193,844
	8,104,761	6,322,244
Expenditures		
Grants to other agencies	1,985,757	1,460,800
Salaries	3,773,770	3,174,013
Wages and other assistance	384,662	328,875
Advertising and exhibits	4,702	6,313
Audio-visual aids	45,187	60,450
Audit	3,885	3,700
Automobile	112,557	115,400
Board of Governors' honorarium	20,000	18,700
Books, newspapers and periodicals	14,313	12,853
Canada Pension Plan	45,385	40,423
Dental claims	20,701	14,914
Educational literature	43,861	55,877
Fees	58,734	70,627
Furnishings and equipment	86,216	64,178
Group life and accident insurance	14,492	13,760
Health and post secondary education tax levy	49,983	-
Household requisites	44,519	26,550
Materials and repairs	189,500	77,013
Medical services and supplies	15,949	14,153
Miscellaneous	15,442	13,246
Postage and telephone	90,116	75,968
Printing, stationery, office supplies and maintenance	81,955	52,672
Property taxes	48,107	19,061
Rent and insurance	121,660	113,017
Research grants	11,231	13,357
Staff development	30,330	38,252
Subsistence	198,520	196,350
Superannuation	4,307	3,405
Training	39,262	38,571
Transportation of patients	9,003	10,544
Travel	95,983	102,509
Unemployment insurance	73,832	61,611
Utilities	105,570	85,964
	7,839,491	6,383,126
	265,270	(60,882)
Province of Manitoba capital grant (Note 5)	344,324	478,128
Less renovations and equipment	344,324	478,128
	-	-
Excess (deficiency) of revenue over expenditure, Exhibit C	$ 265,270	$ (60,882)

Exhibit C

THE ALCOHOLISM FOUNDATION OF MANITOBA

Statement of Changes in Capital, Unexpended Grant and Surplus Accounts
Year Ended March 31, 1983

	Capitalized land and buildings	Unexpended capital grant (Note 5)	Unexpended restricted grant (Note 7)	Accumulated operating surplus(deficit)	1983 Total	1982 Total
Balance at beginning of year	$ 1,949,359	$ 220,990	$ -	$(8,972)	$ 2,161,377	$ 365,387
Add:						
Grant funds from Province of Manitoba re specific purposes	-	200,000	425,000	-	625,000	2,335,000
Excess (deficiency) of revenue over expenditure	-	-	-	265,270	265,270	(60,882)
Capitalization of fixed assets from operating surplus (Note 6)	1	(1)	-	-	-	-
	1,949,360	420,989	425,000	256,298	2,786,377	2,700,387
Less:						
Transfer to revenue	-	344,324	262,543	-	606,867	478,128
Disposition of fixed assets	30,199	(30,199)	-	-	-	-
	30,199	314,125	262,543	-	341,597	539,010
Balance at end of year, Exhibit A	$ 1,919,161	$ 106,864	$ 162,457	$ 256,298	$ 2,444,780	$ 2,161,377

Schedule 1

THE ALCOHOLISM FOUNDATION OF MANITOBA

Schedule of Receipts and Disbursements
Year Ended March 31, 1983

	1983	1982
Receipts		
Province of Manitoba operating grants received	$ 7,965,200	$ 6,128,400
Province of Manitoba capital grant received	200,000	2,335,000
Other receipts	308,409	165,685
	8,473,609	8,629,085
Disbursements, including grants to external agencies	7,814,581	6,325,201
Purchase and renovation of 1031 - 1041 Portage Avenue	339,886	2,114,010
	8,154,467	8,439,211
Excess of receipts over disbursements	319,142	189,874
Cash at beginning of year	239,523	49,649
Cash at end of year (Note 8)	$ 558,665	$ 239,523

THE ALCOHOLISM FOUNDATION OF MANITOBA

Notes to Financial Statements
Year Ended March 31, 1983

1. Accounting Policies

The accompanying financial statements have been prepared in accordance with generally accepted accounting principles with the exception that pension charges are reflected as incurred (explained in note 4) and the costs of leasehold improvements, renovations, furniture, equipment and supplies are expensed in the year of purchase and there has been no provision made in the accounts for depreciation of buildings.

2. Lease Commitments

The Foundation leases buildings under long-term operating leases which expire at various dates between 1984 and 1991. Some of these leases contain renewal options at rates to be negotiated. The following is a schedule by years of future minimum rental payments required under operating leases that have initial lease terms in excess of one year, as of March 31, 1983.

1984	$ 49,634
1985	26,064
1986	4,647
1987	4,000
1988	4,000
1989-1991	11,333
	$ 99,678

3. Contingent Liability

The Foundation is contingently liable under a guarantee of a bank loan for Main Street Project Inc. in the amount of $50,000. As security for this guarantee, the Foundation has obtained an assignment of the title to the property purchased with the bank loan. Upon payment of the bank loan by the Main Street Project Inc., the Foundation will release its assignment to the property.

4. Pension

Employees of The Alcoholism Foundation of Manitoba are pensionable under the Civil Service Superannuation Fund and make contributions at prescribed rates. The Foundation is required to pay 50% of the Fund's pension disbursements made to retired employees and these are charged to superannuation expenditures as incurred. No provision is made in the accounts to fund current or past service costs but the Superannuation Fund is subject to a triennial actuarial review. On the basis of an actuarial report, the unfunded liability for the Foundation's employees amounted to $989,300 as at December 31, 1982.

THE ALCOHOLISM FOUNDATION OF MANITOBA

Notes to Financial Statements
Year Ended March 31, 1983

5. Province of Manitoba Capital Grant

During the prior year the Foundation received a grant in the amount of $2,335,000 from the Province of Manitoba for the purchase and renovation of land and buildings to house The Alcoholism Foundation of Manitoba. Of this amount, $1,635,882 was used to purchase the land and buildings and $478,128 had been spent in the renovation of the buildings to March 31, 1982. The Foundation received a further $200,000 during the current year and spent $339,886 towards completion of these capital renovations. The Foundation has committed $139,534 under contracts and plans to incur a further $44,370. In accordance with the Foundation's policy, the original cost of the land and buildings has been capitalized.

6. Purchase of Fixed Assets

In accordance with an agreement of purchase, the Foundation acquired land and building thereon for the nominal amount of $1. The Foundation has recorded these assets at the nominal amount and in accordance with the agreement will be providing to the vendor an official receipt for the difference between the appraised value of the property of approximately $863,000 and $1.

7. Unexpended Restricted Grant

The Foundation received $425,000 during the current year as a grant for Main Street Project Inc. The Foundation has provided funds to this agency totalling $262,543 to March 31, 1983 in accordance with the terms of the grant and has transferred an equivalent amount to revenue. Subsequent to the year end, further grants of $67,457 have been made and the amount of $95,000 is to be refunded to the Province.

8. Cash

The Foundation has designated $150,000 from the March 31, 1983 operating surplus towards certain of next year's operating programs. This amount, together with the commitments stated in Notes 5 and 7, result in a total designation of $521,361 of the cash balance.

9. Comparative Figures

Certain of the 1982 figures have been restated to conform to the 1983 financial statement presentation.